



Hand Hygiene Competence Assessment and Monitoring Tool

Employee Name: _____

Date: _____

<i>Knows When to Perform Hand Hygiene with Plain or Antimicrobial Soap and Water (Observation and/or Question & Answer Session)</i>	Met	Not Met
1. When hands are visibly dirty or contaminated with proteinaceous material or are visibly soiled with blood or other body fluids.		
2. Before eating and after using the restroom.		
3. When potential for exposure to spore-forming organisms is strongly suspected/proven (i.e., patient with <i>Clostridium difficile</i> -associated disease)		
4. Uses an alcohol-based hand rub routinely if hands are not visibly soiled. Alternatively, washes with antimicrobial soap.		
<i>Knows When to Perform Hand Hygiene with Either Alcohol-based Hand Rub (ABHR) or Soap and Water (Observation and/or Question & Answer Session)</i>	Met	Not Met
1. Before handling medication.		
2. Before preparing food.		
3. Before having direct contact with patients.		
4. Before handling an invasive device (regardless of whether gloves are worn) and inserting an invasive device.		
5. If moving from contaminated-body site to clean-body site during care.		
6. After contact with a patient's intact skin (e.g., after taking a pulse, etc.).		
7. After contact with body fluids or excretions, mucous membranes, nonintact skin, and wound dressings if hands are not visibly soiled.		
8. After contact with objects in the immediate vicinity of the patient.		
9. After removing gloves.		
10. After insertion or any manipulation of the urinary catheter device or site.		
<i>Demonstrates Hand Hygiene Technique: Using an Alcohol-based Hand Rub (Observation)</i>	Met	Not Met
1. Applies ABHR in sufficient quantity in the cup of one hand.		
2. Rubs the hands together and covers all surfaces of the hands and fingers.		
3. Rubs the hands together until the hands are dry.		



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<i>Demonstrates Hand Hygiene Technique: Using Antimicrobial Soap and Water (Observation)</i>	Met	Not Met
1. Turns on the faucet and wets the hands with warm water. Avoids using <i>hot</i> water.		
2. Applies the amount of soap necessary to cover all surfaces and in the amount recommended by the manufacturer.		
3. Vigorously rubs the hands together for a minimum of 15 seconds covering all surfaces of the hands and fingers.		
4. Rinses the hands with water to remove residual soap.		
5. Pats the hands dry with a disposable paper towel.		
6. Turns off the faucet using a paper towel or a no-hands technique.		
7. Discards the disposable towel without re-wiping the hands.		
<i>Access to and Storage of Hand Hygiene Products and Supplies (Direct Observation in Bag/Vehicle)</i>	Met	Not Met
1. Liquid antibacterial soap: Present and not expired.		
2. Alcohol-based hand rub: Present and not expired, stored at proper temperature.		
3. Paper hand drying material: Present and in sufficient quantity.		
4. Skin lotion/cream: Present (if moisturizer/emollient not present in soap or ABHR product).		
<i>Other Hand Hygiene Considerations (Direct Observation and Question & Answer)</i>	Met	Not Met
1. Artificial nails or extenders absent (if required by policy).		
2. Natural nail tips ¼" or less.		
3. Nail polish not chipped or worn (if applicable).		
4. Minimal jewelry and rings present.		

- Successful completion: All 32 criteria were met and no follow-up actions are required at this time.
- Follow-up action required:

Employee's Signature: _____ Date: _____

Observer's Signature: _____ Date: _____