The Infection Control Top Ten:

You Might be an Infection Control Nurse If...

1. You have a “stash” at home of personal protective equipment, including N95 respirators.
2. Your husband thinks that Purell is “the scent of your perfume.”
3. You avoid drinking from the communal cup at church.
4. You adhere to isolation precautions at home when someone is sick.
5. You keep the “flu tracker” on your computer to monitor the spread of influenza during flu season.
6. You cringe when a cashier sneezes, wipes his or her nose, and then hands you back your change.
7. You keep extra hand sanitizer in your purse, kids’ backpacks, and the car...just in case.
8. You monitor your family’s hand hygiene technique and give them feedback on improvement.
9. You “pass” on the doggie bag if you know you won’t be home in 2 hours to refrigerate the food.
10. You “air dry” your hands if the public restroom only has linen roller towels for hand drying.

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—Mary McGoldrick, MS, RN, CRNI